



# NORFOLK COUNTY RSVP VOLUNTEER PROGRAM

*Your Invitation to Respond to Your Community*

614 High Street P.O. Box 310 Dedham, MA 02027 781-329-5728



*Dedham Savings Bank is the 2015-16 Leadership Sponsor of NCRSVP*

## Quincy Mayor's Day Honors Over 40 Quincy RSVP Volunteers

On Tuesday, April 5, the Mayor of Quincy, the Norfolk County Commissioners and Norfolk County RSVP Volunteer Program honored Quincy volunteers as part of 'Mayor and County Recognition Day for National Service'. Volunteers serve at food pantries, drive for Meals on Wheels, and work in a variety of Veteran and municipal support programs. 44 volunteers who serve in Quincy in addition to Quincy residents who volunteer in nearby communities received certificates of appreciation from Mayor Thomas Koch and Norfolk County Commissioners Francis O'Brien, Joseph Shea and Peter Collins. Volunteers had an opportunity to share their experiences in community service, over pastries and coffee, courtesy of Montilios. The nation's mayors and county officials are increasingly turning to national service as a cost-effective strategy to address local challenges. By unleashing the power of citizens, AmeriCorps and Senior Corps programs have a positive and lasting impact - making our cities and counties better places to live. To spotlight the impact of national service and thank those who serve, mayors and county officials around the U.S. participated in this fourth-annual Mayor and County Recognition Day for National Service. Last year, 2,786 elected officials representing more than 150 million citizens participated in the third-annual Mayor and County Recognition Day for National Service. The initiative is being led by the National League of Cities, National Association of Counties, Cities of Service and the Corporation for National and Community Service.



*Mayor Thomas Koch visits with Barbara Spacco, Chickie Abdallah and Betty DiCristofaro: RSVP volunteers from 1000 Southern Artery at Old Quincy City Hall.*

## Randolph Meals on Wheels Driver Harvey Chansky Still Going Strong!



Harvey Chansky of Randolph started driving to deliver lunch meals to isolated elders at the age of 70 over 12 years ago. He is still at it, driving the same route and delivering meals to many of the same people he started with. He is a model of reliability. Harvey exclaims that he "... needed to cut back for a while, but now he is back to delivering meals 4 or 5 days a week... Something happens every day (with his patrons). We talk about a lot of things including how the last 4 or 5 winters have been. I go out in any weather. I love doing it. People are very polite. They answer the door and like to speak to someone. They rely on the meal and some say the food has gotten better over the years." Harvey has donated over 7,150 hours to Meals on Wheels driving and is a recipient of the Presidential Lifetime Service Award. We thank Harvey, an inspiring role model, for his continued service in giving back to his community.

## Spring Volunteer Opportunities

*Outdoor and greenhouse volunteering!  
What could be better in the spring.*

### Farming Volunteers and Farm Maintenance Volunteers at the Needham Community Farm

Farming Volunteers will assist with cutting, weeding, planting seedlings, washing, picking and packaging produce. Farm Maintenance Volunteers will assist with mowing, repairing and building new raised beds.

### Be a Field Assistant or Greenhouse Volunteer at Powisett Farm in Dover

Harvest and prep for distribution and sale a variety of seasonal vegetables which will include picking, bunching, washing, weighing, packing, occasional curing, and ensuring proper storage of crops. Greenhouse volunteers need to lift up to 25 pounds.

### Lunchtime Dining Site Volunteers in Needham, Brookline and Wellesley

Assist the Meal Site Manager in the daily operations of the lunch program, meeting nutritional needs while providing opportunities for socialization and companionship. Set tables, sign in participants at reservation table, assist with noontime meal serving and clean up. Sites in Brookline, Needham and Wellesley need volunteers through Springwell.

### Veteran-Hospice Partnership

Veteran Volunteers make a great difference in improving end of life care for fellow Veterans. Visit a Vet in their home for friendly visiting and comfort giving. Receive Hospice training and become a veteran-hospice volunteer. Recognize your fellow veteran for their service with a certificate, service pin and handmade afghan.

*Please contact Cris or Robert at the Norfolk County RSVP office at 781-329-5728 for more information.*

RSVP is funded in part by a national Senior Corps grant and sponsored by the Norfolk County Commissioners:

• Peter H. Collins of Milton, Commissioner

• Joseph P. Shea of Quincy, Commissioner

• Francis W. O'Brien of Dedham, Chairman

**Profile: RSVP Volunteer Helen Warshauer**

"I have been a volunteer at Father Bill's, a homeless shelter for Veterans in Quincy, for one year. Monday mornings is my turn to become "the salad lady." I prepare salads to accompany delicious lunchtime meals served daily to the shelter's thirty-plus residents and walk-in veterans. I never know what ingredients will be in the salad; it all depends upon food donations received. I fill a huge container with various vegetables and always end up with a very colorful and tasty treat. For St Patrick's Day, I used green peppers to garnish shamrocks on top. "

"I also serve lunch and it's most gratifying to hear so many clients say 'thanks very much for your help; it was delicious. God bless you.' What could be more heartfelt and satisfying!"

*Helen has been an RSVP volunteer since 1998 and has more than 2,500 hours of RSVP volunteer service. She recently shared her story at a Mayors Day recognition event hosted by Mayor Koch in Quincy.*



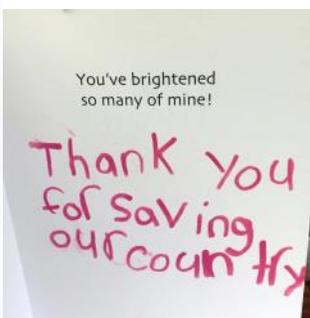
Norfolk County RSVP Advisory Board Co-chair and Interfaith Social Services volunteer Bettyanne Lang at work in the ISS thrift shop in Quincy.

40 Veterans attended the May meeting of the Canton Veterans Coffee Group where RSVP presented its Veteran Volunteer opportunities. Thanks to Canton VSO-Tony Andreotti and Veterans Office Manager-Jennifer Trethewey.

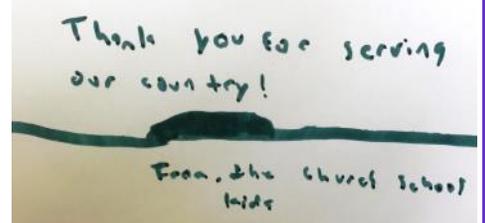


RSVP volunteer Cindy Lee has been operating the 'Bureau Drawer' of the Interfaith Social Services thrift shop for over 20 years. Cindy's grandmother was an original volunteer when ISS opened their doors in 1975!

**Dedham School Children Support our Active Duty Military**



Thanks to RSVP volunteer Diane Foulds and teacher Marianne McChesney, children from 'Church of the Good Shepherd' in Dedham have written 35 thank you cards which will be sent to active duty soldiers in Iraq and Afghanistan. The cards will be sent via *Operation Gratitude*, a national program which sends letters and care packages abroad from across the U.S. Many of the children included their colorful drawings of flowers, smiley faces and hearts.

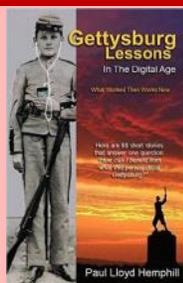


Everyone is welcome to write notes and letters for our active duty military through *Operation Gratitude*. Contact Robert at 781-234-3445 if you are interested in participating. Just think of what your efforts would mean!



**RSVP Veterans Book Club in Dedham**

Come hear author Paul Hemphill talk about his book: 'Gettysburg Lessons in the Digital Age'. The talk will take place at the **VFW Hall, 84 Eastern Avenue Dedham on Tuesday, June 21 at 6-8 PM, followed by the book discussion on Tuesday, June 28 at 6-8 PM also at VFW Hall**, which will be led by RSVP book club facilitator Tom Crawford. Reviewers say the book is 'a very good primer on decisions made by both large and small unit commanders during the battle. And while these actions were made 151 years ago, there are lessons that still be learned from them today." Call Robert at 781-234-3445 for more info.



**RSVP School Volunteers: SAVE THIS DATE: Thursday June 23**

On Thursday, June 23d, Norfolk County RSVP will be hosting an end-of-school-year celebration for all RSVP school volunteers. Come join us for lunch and cake. Share your school experience and provide ideas and suggestions for next year's program.

Look for an RSVP email invitation shortly!



<< Canton Vet Officer Tony Andreotti has made many veterans aware of RSVP 'Rides for Vets' program.

Dedham Food Panty volunteers including RSVP volunteer- Carol Flavell, 2nd from left and board trustee- Lynn Rogal, far left. >>

