



# NORFOLK COUNTY RSVP VOLUNTEER PROGRAM

Your Invitation to Respond to Your Community

614 High Street P.O. Box 310 Dedham, MA 02027 781-329-5728



Dedham Savings Bank is the 2016-17 Leadership Sponsor of NCRSVP

## Annual Mayors Day Celebration to be in Weymouth

On Tuesday, April 4, Norfolk County RSVP staff will join Weymouth Mayor Robert Hedlund and hundreds of other Mayors and County officials across the County to honor RSVP volunteers for service to their communities. RSVP volunteers who live in Weymouth or are from neighboring towns who perform service in Weymouth will soon receive invitations to our 'Mayors Day' event where Mayor Hedlund will offer remarks and give thanks to RSVP volunteers for their ongoing community service. Other town and County officials will be present when Certificates of Appreciation are handed to each volunteer. Pastries and beverages will be served. Each year Norfolk County RSVP holds a Mayor's Day event in a city or town within the County where volunteers actively support their community.



## School Volunteers: Join us for our March Breakfast Gathering!

All RSVP School Volunteers are invited to our March breakfast and roundtable discussion. Enjoy the company of your fellow school volunteers and LEAP training program leaders. This event is an opportunity to share experiences and ideas related to your role as a classroom volunteer.

The breakfast event will be held on Friday morning, **March 10<sup>th</sup>** (10:00-11:30AM) at the Canton Public Library. Lots of parking is available.

Please contact Cris Goldsmith at 781-234-3447 to let us know if you can join us.



## Profile: RSVP MA Department of Corrections Volunteer - Paul Galofaro

**Paul Galofaro**, an RSVP volunteer, has been visiting with incarcerated vets at the medium security prison in Norfolk for two years. A long-term resident of Attleboro, he first heard about the prison program through David Conner, another RSVP volunteer.

**Role as a volunteer at Norfolk Prison:** Two Fridays a month, Paul offers veteran support and a "listening ear" to incarcerated vets that participate in the "American Vets in Prison" group meetings held at the facility. These meetings honor and support incarcerated vets for their past military service. Paul also provides behind-the-scenes support and a "listening ear" at monthly PTSD Care Group meetings as well.

**What stands out about your experience at the Prison?** I feel that I am welcome there. The inmates really seem to appreciate having someone from outside that cares and relates to them as a man and as a vet. I feel like we make a difference.

**Memorable moment:** One of the incarcerated vets that I got to know opened up to me one day about his PTSD condition and childhood, sharing how his deep fear of being hurt as a child has continued to haunt him as a Marine and veteran. The fact that someone felt safe enough to share something so deeply personal and painful really touched me.

### What skills or temperament do you think is required for this role?

Prior service in the Armed Forces is important to be able to relate to and establish a connection with other veterans. Also a sense of compassion for them as Veterans, (that at some point probably made wrong choices), coupled with the ability to listen and to help make them feel human.

**Background:** Paul was born and raised in Rosendale. After attending Boston Tech High School, he went into the Navy, where upon he was sent to language school to learn Polish. Between 1968-1972, he served America's Cold War effort as a Polish communications analyst stationed in Germany. After returning home and attending U Mass Boston, he joined the US Post Office working first in Boston for 16 years and then Medfield until retiring in 2009.

**Interests:** Spending time with his two daughters and grandsons who live nearby, playing golf and getting together with his retiree friends from the Post Office. He has a part-time job bringing a special needs student to and from school on weekdays.

**Serving with RSVP:** I enjoy being an RSVP volunteer; it makes me feel like I am part of a caring community. At the annual recognition luncheons, I am amazed in hearing about the range of volunteer activities, personal commitment and the number of life-time hours by many of its members.

RSVP is funded in part by a national Senior Corps grant and sponsored by the Norfolk County Commissioners:

• Peter H. Collins of Milton, Commissioner

• Joseph P. Shea of Quincy, Commissioner

• Francis W. O'Brien of Dedham, Chairman



**FOR RSVP VOLUNTEERS SERVING VETERANS: SAVE THE DATE !**

**Norfolk County RSVP Veterans Pinning Ceremony**

will be held at the American Legion in Weymouth  
on **Tuesday, June 27 @ 9:30—11:30 AM.**

Event MC will be Dale Kurtz– Norfolk County Veterans Services Advocate

Host Veterans Service Office (VSO)- George Pontes of Weymouth

Presentation by the Norfolk County Sheriff’s Honor Guard (details to follow)



**Happy Birthday to you !!!**



Lorraine Boulter 1/1	Dan Hulub 2/2	Daryl Smith 2/24	Frances Donovan 3/19	Judy Teplow 4/10
Laura Kulas 1/1	Mary Kelly 2/2	John Hamilton 2/26	Ngoan Jones 3/19	Margie McCormack 4/11
Cornelius Doherty 1/3	Lora Lazzaro 2/2	Harriet Hoxie 2/26	Joanne Douglas 3/20	Dorothy Archibald 4/12
Dot McLaughlin 1/3	Diane Walden 2/3	Christine Walsh 2/26	Peter Dorsey 3/21	Elizabeth O’Meara 4/12
Ruth Spengler 1/3	Joyce Burrell 2/4	Bernice Casso 2/28	Linda Greene 3/21	Gail Zimmerman 4/12
Marie Duffy 1/6	Janice Collyer 2/4	Jack Patts 2/28	Lisa Fireman 3/22	Bill Begley 4/16
Ellen Kitchel 1/6	David Foss 2/4	Mary Cirignano 3/1	Lois Gilboy 3/22	Carolyn Lawhome 4/17
Sylvia Saidel 1/8	John O’Donnell 2/4	Joanne Hazeldine 3/2	Marjorie Weiner 3/22	Mary Parker 4/17
Connie Libardoni 1/9	Gerard Cronin 2/5	Karen Ludwig 3/3	Helen Newton 3/23	Jake Comer 4/20
Janet Powers 1/9	Ann Alberto 2/6	Claire Pitt 3/3	Lea Saccardo 3/23	Jean Davenport 4/21
Jackie Gentile 1/10	Joan Lampe 2/6	Joseph Donovan 3/5	Judith Briggs 3/25	Ginny Haviland 4/21
Mary Bent 1/14	David Conner 2/8	Donna Chapman 3/6	Marcia Cibotti 3/26	Pat Londergan 4/26
Priscilla McKillop 1/17	Cindy Lee 2/9	Richard Dunn 3/6	Gerald Stearns 3/26	Gayle Ryan 4/26
Steve Eosco 1/18	Mary Lou Ragusa 2/10	Carol Hall 3/7	Rick Anderson 3/28	Eleanor Sullivan 4/26
Raiwa Salama 1/19	Dick Ulrich 2/10	Milton Kerr 3/7	Rosemary Thibodeau 3/28	Tom Flett 4/27
Mike Fullerton 1/20	Lily Lee 2/11	Virginia Olshan 3/7	Robert Baseman 4/2	Barbara Lombardi 4/27
Maureen Goode 1/21	Bernard Brown 2/12	Claire Armburg 3/9	Joan K. Sullivan 4/2	Maureen Smith 4/27
Graeme Marsden 1/22	Drew Smith 2/12	Elaine Enos 3/9	Joan Blagdon 4/3	Ralph Halpern 4/28
Terry McCarthy 1/22	Joel Doniger 2/14	Sharon Parisi 3/9	Irene Bosworth 4/5	
Joan Rosoff 1/23	Josephine Foley 2/14	Pat McStravick 3/10	Kathy Boyd 4/5	
Herb Brockert 1/26	Tom Carson 2/15	Zelda Baron 3/12	Nancy Haley 4/5	
Carolann Browne 1/27	Frances Sharon 2/15	Margaret Dunn 3/13	Kim Landau 4/5	
Jim DiRocco 1/27	Susanne Ternullo 2/17	Leslie Kingsley 3/14	Mary Salibe 4/5	
Linda Kennally 1/27	Margaret O’Connor 2/18	Patricia Sears 3/14	Mary McHutcheon 4/6	
Linda Caliendo 1/28	Paul Straughn 2/23	Jacqueline Tower 3/14	Linda Schatz 4/6	
Barbara Bennett 1/29	George Toma 2/22	Julia Fasano 3/15	Dorothy Leonard 4/9	
Jane Gilliland 1/30	Paul Sullivan 2/23	Rose Flaherty 3/15	William Parelli 4/9	
Dawn Spano 1/30	Anne McDonald 2/24	Mary Laurenson 3/15	Carol Pratt 4/9	



**RSVP Partner Site Volunteer Opportunities**

**Springwell** needs volunteers in Brookline and Needham for lunch-time help at Senior Centers, Money Mangers and Friendly Visiting of elders.

**American Red Cross in Dedham** needs Volunteer Drivers to make hospital deliveries of blood products, Donor Ambassadors, Blood Drive schedulers and Disaster Response Volunteers.

**Town of Norfolk Senior Center** needs a Volunteer Coordinator and friendly visitors for seniors.

**Franklin and Medway Meals on Wheels** need lunchtime drivers to deliver meals to isolated elders.

**Ellis Rehab and Nursing Home in Norwood** needs volunteers to help during meal time, visit with residents and assist during activities.

*RSVP Volunteers Claire Pauley & Roberta Poff bookend Activities Coordinator Fellicia Hall at the Brockton VA Annual RSVP Holiday Sing*



**Holiday Performer for Veterans: Claire Pauley shares a note saying: “ Our Heroes will not be forgotten”.**

*Dear Brave Veteran: I will always remember your outstanding courage and commitment to freedom..  
And I will be thankful for fine Americans like you who have given so much to our great country.*