



NORFOLK COUNTY RSVP VOLUNTEER PROGRAM

Your Invitation to Respond to Your Community

614 High Street P.O. Box 310 Dedham, MA 02027 781-329-5728



Nov-Dec
2017

Dedham Savings Bank is the 2017-18 Leadership Sponsor of Norfolk County RSVP

Quincy Senior Knitters donate 80 lap robes and afghans for Norfolk County Veterans

Now known as the Quincy 'Seaside Stitchers', RSVP volunteers stitch up a storm of lap robes.

Two groups of ambitious Quincy knitters pose with their beautiful, colorful and comfy lap robes and afghans which were subsequently donated for Veterans at the Brockton VA hospital and the HopeHealth Hospice 'We Honor Veterans' Program.



If you look closely you will find a personalized name tag which shows that Quincy Senior Center Knitters put love and care into each of their creations.

RSVP Volunteer knitters include: Dolly Dietsch, Harriet Hoxie, Rosemary Hoxie, Joan King, Terry McCarthy, Mary McCormack and Agnes Williams.

RSVP volunteers attend CPR class at Norwood Public Safety Building

Approximately 20 Norfolk County RSVP volunteers received Basic CPR training and certification on Thursday October 12th. Trainers Pat and Justin taught and reinforced life saving Cardiopulmonary Resuscitation (CPR) and effective use of Defibrillators (AEDs). Many thanks to Norwood Fire Chief Tony Greeley and the Norwood Fire Department for their generous donation of time and skill to Norfolk County volunteers.



A volunteer adventure with Veteran Janet Re

In partnership with the Dedham COA, Norfolk County RSVP has set up friendly visitors to spend time with 98 year old World War II Veteran Janet Re. RSVP Veteran Court and Rides for Vets Volunteer Peter Dorsey expressed amazement at the vigor and verve that Janet showed when he drove and escorted her to a weekend presentation by noted Chef Ming Tsai. Peter took this photo of Janet and Ming exchanging signed auto-graphed books. Janet is holding 'Simply Ming' and while Ming is showing off his copy of Janet's book of original poetry. Janet has had a big life and is proud of it. When visiting she should us photos of her with the like of John McCain, Julia Child and John Kerry. Janet enjoys playing the piano and is proud to show off the handmade jewelry she had crafted and sold. Peter is enthused for his next project: organizing a group of vets to help Janet organize her beautiful brick house. Go Team RSVP for Janet who continues to be a can do citizen!!

NCRSVP School Program: A LEAP forward!

RSVP's School Volunteer Training Program (LEAP) completed its fall schedule with a classroom reading strategies session in late October. We wish to thank Joanne Douglas and Gail Zimmerman (co-architects of the trainings) and returning school volunteers that contributed to this fall's training events. Our next activity, a school volunteer gathering and roundtable discussion in late January, brings together returning and new volunteers for lively discussion and information exchange. More info to follow !



RSVP is funded in part by a national Senior Corps grant and sponsored by the Norfolk County Commissioners:

• Peter H. Collins of Milton, Commissioner

• Joseph P. Shea of Quincy, Commissioner

• Francis W. O'Brien of Dedham, Chairman



Florence Preisler and Dorothy Leonard at Lantana
 <<<



Phyllis Spero at RSVP
 <<< office



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 Steve & Toni Eosco at Vet Recognition

Happy Birthday to our 'November-December' volunteers !!!

John Bristol 11/1	Rob LoRe 11/10	Agnes Plewe 12/3	Lenore Metter 12/17
Pat Christopher 11/3	Veronica Stanley 11/13	Joanne Fisher 12/5	Claire Murphy 12/18
Mary Murphy 11/3	Marlene Lewis 11/14	Harriet Barrett 12/6	Cheryl W. Brown 12/19
Claire Pauley 11/3	Ruth Pontemoli 11/14	Frances Roberts 12/6	Jane Gueli 12/20
Diane Allen 11/4	Wilma Williams 11/15	Ed Kelley 12/7	Ethel Parrelli 12/20
Rosalie Tuggle 11/4	Joe DePesa 11/24	Nancy Bacevich 12/10	Patricia Gagnon 12/21
Claire Weissman 11/4	Eileen Racioppi 11/24	Ann Marie Quigley 12/10	Kathleen Hillier 12/22
Susan Flaherty 11/5	Peter Cook 11/25	Dorothea Burns 12/11	Paul McLaughlin 12/22
Barry Livingston 11/5	Elaine Benson 11/26	Roger Blanchette 12/13	Marilyn Sinkiewicz 12/22
Roy Lockhart 11/6	Rosemary Smith 11/28	Ayako Brooker 12/13	Teresa Madden 12/23
Margaret Murray 11/7	Steven Miller 11/30	Lillian Callahan 12/15	Christina McKeon 12/25
Virginia O'Neill 11/8	Carol Ann Brann 12/1	John Orsini 12/15	Phyllis Spiro 12/27
Ed Regan 11/8	Bill Topham 12/1	Christine Mullen 12/16	Robert Cushing 12/29
Lorraine Julian 11/9	Joanne MacKenzie 12/2	Kathy Murray 12/16	

New Volunteer Opportunities

Norfolk County RSVP is expanding volunteer offerings to now include **friendly visitors for older non-Veterans** as well as Veterans in the community. If you are available to spend a couple hours a week visiting and speaking with an **isolated senior in their home**, or in some cases taking a senior out for errands please contact us.

New opportunities also exist to friendly-visit an individual at home in hospice. In partnership with **Old Colony Hospice and HopeHealth Hospice**, volunteers will be trained and supported to visit people in need of respite to offer comfort and company. Contact us at the RSVP office 781-329-5728 for more information and please spread the word. Thank you!

RSVP Sheriff's Mentor Program Volunteer Karen Boyle is On a Mission and Not to Be Stopped!

NCRSVP Volunteer Karen Boyle of Weymouth is filled with tenacity, energy and enthusiasm. When her car was recently hit in a T-bone accident our hearts went out to her. While she suffered a broken ankle and bruises, Karen has been unrelenting in pursuit of her goals. Without missing a beat she has kept up her regular visits as the mentor for a young man in the pre-release program of Norfolk County Sheriff Dept. Volunteer Supervisor, Sergeant Carter Holmes praises Karen saying; 'she calls me quite regularly on her own time towards supporting her mentee. She is very focused on encouragement and getting him set up in a job for when he is out in the world.' Karen voice is filled with intention and excitement. You see, once she was in a cast with crutches, she got a call to come in for an interview for her dream job in hospitality and marketing. She thought: 'Can I do this now?' Well she did! She showed up at the interview with a matching dress and cast outfit (see our picture), and very much impressed her interviewers. Not only did Karen receive the job offer, but on terms that will allow her to start gradually as she gets back on her feet. You go Karen and thanks for setting such a strong and creative example of showing up for yourself and your community.



Norfolk County RSVP Mileage Reimbursement Update

We are pleased to announce that as of October 2017, volunteers who qualify for mileage reimbursement will receive an increase from \$0.30 per mile to \$0.40 per mile. The maximum mileage reimbursement per month continues to be for up to 100 miles of travel to and from your volunteer site. Meals on Wheels drivers will continue to be reimbursed for their travel route by our partner sites. Originally scheduled to begin September, the change has been moved back one month to keep consistent with our quarterly reimbursement process. Note: Given the many hundreds of miles accumulated by 'Rides for Veterans' drivers using their own vehicles, RSVP Vet Drivers will now be reimbursed for up to 300 miles per month at the \$0.40 per mile rate.

We thank the Norfolk County Commissioners for making this increase possible !

We continue to request that ALL volunteers understand that our Federal sources of funding depends in part on the RSVP office receiving and recording your monthly timesheets which include both a site supervisor AND volunteer signature along with your hours and mileage recordings- regardless of if you are receiving reimbursement or not. While you may sign in at your partner site when you arrive for your shift, we continue to need your RSVP timesheets. Please call us at 781-329-5728 for more info.