



NORFOLK COUNTY RSVP VOLUNTEER PROGRAM

Your Invitation to Respond to Your Community

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Dedham Savings Bank is the 2017-18 Leadership Sponsor of Norfolk County RSVP

Norwood Community Volunteers to be recognized by the National Senior Corps on April 3rd, 'National Service Recognition Day'

On Tuesday, April 3rd, Norwood Town Administrator Tony Mazzucco, the Norfolk County Commissioners and Norfolk County RSVP Volunteer Program will honor Norwood volunteers as part of 'National Service Day'. RSVP Volunteers serve at Norwood Hospital, deliver Meals on Wheels, and work in a variety of Veteran and municipal support programs.

Over 30 volunteers who serve in Norwood, in addition to Norwood residents who volunteer in nearby communities, will receive certificates of appreciation from Norfolk County Commissioners Francis O'Brien, Joseph Shea and Peter Collins. RSVP Volunteers will have an opportunity to share their service experiences, over pastries and coffee at the Norwood Senior Center at 10 AM. Hundreds of 'National Service Day' events will be held in towns across the country on April 3rd.

RSVP Volunteers being honored from Norwood include Lillian Callahan, Martha Colamaria, Rose Marie Edgerly, Steve Eosco, Joan Goodman-Backs, Herb Johnson, Carolyn Lawhorne, Judy Maloney, Al and Joan Mancuso, David O'Brien and Joan K. Sullivan. Also being recognized for their volunteer service to Norwood are Cleveland School volunteers Lois Darr, Roz Holenport and Patricia Lines; Out of town Veteran Ride volunteers being honored include Mike Teeley, Bill Topham, David O'Brien, Peggy Velazquez and Shelley Turok.

Norwood Meals on Wheels volunteers attending include Roy Lockhart.

The nation's mayors, town administrators and county officials are increasingly turning to national service as a cost-effective strategy to address local challenges. By unleashing the power of citizens, AmeriCorps and Senior Corps programs have a positive and lasting impact - making our cities and counties better places to live.

To spotlight the impact of national service and thank those who serve, mayors and country officials around the U.S. will participate in this sixth-annual National Service Day (formerly known as Mayors Day).

Last year, 4,620 elected officials representing more than 194 million citizens participated in National Service Day 2017. The initiative is being led by the National League of Cities, National Association of Counties, Cities of Service and the Corporation for National and Community Service.



School Volunteer Event addresses stress in the classroom

18 School volunteers and RSVP staff participated in our spring training breakfast event in March. A key focus was to heighten awareness and recognize the impact of stress in the classroom, especially as it relates to student engagement/learning and RSVP volunteer-led activities such as reading and math. Classroom-friendly, stress-releasing strategies (and handouts) were provided for easy use and practice. We also met a children's



librarian for tips in choosing books for students. (For a copy of the handouts, please contact Cris Goldsmith).

Our final End-of-School Year Celebration event will be held in late June (date to be determined). We hope to see many of our school volunteers at this enjoyable event.

RSVP is funded in part by a national Senior Corps grant and sponsored by the Norfolk County Commissioners:

• Peter H. Collins of Milton, Commissioner

• Joseph P. Shea of Quincy, Commissioner

• Francis W. O'Brien of Dedham, Chairman



Proclamation

As service providers in our communities, volunteers impact the well-being of families and residents across Norfolk County. Volunteering is an important aspect of civic life, affecting the health and social outlook of volunteers as well as service beneficiaries, and building a stronger sense of connectedness and personal responsibility in society as a whole. The character of our county is only as strong as the character of its individual citizens. Our many volunteers are a testament to the talented, neighborly, and dedicated spirit that marks the County of Presidents.

Norfolk County RSVP, a Senior Corps program administered by the Norfolk County Commissioners' Office, is a network of volunteers age 55 and above who serve in Veterans' service organizations, our public schools, meals on wheels, senior centers and a variety of other nonprofit agencies. The program centers on the principles that older citizens have valuable skills to offer, and that volunteerism can be an effective response to community needs.

Reaching over 300 volunteers every year, Norfolk County RSVP offers placement, newsletters, training, mileage reimbursement, and recognition for volunteers engaged in service. The program is a resource for people age 55 and above seeking meaningful volunteer opportunities, and for agencies seeking assistance to grow their services in support of Norfolk County residents.

For the sixth year, cities and counties across the nation are participating in National Service Day (formerly Mayor's Day). This is a day designed to recognize AmeriCorps, Senior Corps, and all volunteers for the work they accomplish and the example they set in our communities. We appreciate Norfolk County RSVP volunteers who serve as Senior Corps members.

**Therefore, Commissioner Francis W. O'Brien of Dedham- Chairman,
Commissioner Peter H. Collins of Milton, and Commissioner Joseph P. Shea of Quincy,
do hereby proclaim Tuesday, April 3, 2018 as**

County Day of Recognition for National Service

in Norfolk County, and encourage our residents to express gratitude to the volunteers they encounter and to consider giving their own time to support their neighbors.

Francis W. O'Brien, Chairman Peter H. Collins, Commissioner Joseph P. Shea, Commissioner

"Quotable"

*"Every Vet I drive, I find interesting, fascinating and wonderful !
The kind of people I'd like to be best friends with."*

RSVP Veteran Driver: David O'Brien of Norwood



Volunteer Opportunities

Norfolk County RSVP is expanding volunteer offerings to now include **friendly visitors for older adults** in the community. Spend 1 or 2 hours a week visiting with an **isolated senior in their home**, or in some cases taking a senior out for errands .

Norfolk County Sheriff RUOK program

Administer the automated call system in Quincy where isolated seniors are call called daily to see if they are okay. Volunteers needed for once or twice a month on a weekend morning for a 4 hour shift.

Please call Robert at 781-234-3445 for info.

Get well wishes to RSVP volunteer Dorothy Leonard



We are sending our best wishes for a strong recovery to Dedham volunteer and RSVP Board member Dorothy, who just arrived back home after some time in rehab. We look forward to seeing you soon !

SAVE THE DATE: Norfolk County RSVP Annual Volunteer Recognition Luncheon will be held on Thursday, August 9, 2018 at 'The Lantana' in Randolph from 11:30 AM–2:30 PM. Invitations will be sent in late June.

Profile: Herb Johnson of Norwood

Herb Johnson has been an RSVP Rides for Vets Driver and a Walpole Medical Driver for close to four years. We have come to know Herb as very attentive and interested in all of his Veteran riders. Herb easily makes friends and loves sharing stories with his riders. Herb talked about Dick whom he drives twice a week to adult day care: "Dick is a big sports fan, dressed in Pats or Red Sox jerseys or a bean pot hat. He likes to hear any sports stories." Herb has gone out of his way for veteran like Ed D., bringing him turkey dinner from Norwood Hospital cafeteria. Herb shares: "He likes it better than the turkey at his living facility. I've also taken Ed to get a haircut and renew his license. I get a lot of satisfaction making someone else's day a little easier and a little brighter." Herb and drivers like him who give back so much to our Veterans in need make The RSVP Rides Program so special. Thank you Herb for all you do and for being who you are!

